

MENSOUR



Puja Uppal

Unions: ACTRA

Height: 5'8"

Weight: 122lbs

Hair: Black

Eyes: Brown

Languages: English, Hindi, Punjabi

FILM/TELEVISION

MADISON TRILOGY #1

FATHERHOOD

THE DETECTIVES

THE PERFECT CHEERLEADER

BROKEN WATERS/EAUX TROUBLES

MOMMY'S LITTLE PRINCESS

MURDERED AT 17

THE BOLD TYPE

SHAME

CIGARETTES HURT BABIES

EMES

DEUTEROLOGY

SPICY FUSION

CHANGE

C.L.I.T. (CERTIFIES LESBIANS IN TRAINING)

SEX, LIES AND VIDEOTAPE

ACTOR

PRINCIPAL

PRINCIPAL

ACTOR

PRINCIPAL

ACTOR

LARGE PRINCIPAL

ACTOR

LEAD

ACTOR

ACTOR

ACTOR

LEAD

LEAD

PRINCIPAL

LEAD

CBC

LIFETIME

BELIEVE FILMS

LIFETIME

LIFETIME

FREEFORM-ABC

NENDOS

VFS

VANCOUVER FILM SCHOOL

RON

A. CARRIÈRE

P. WEITZ

J. L'ECUYER

A. CARRIÈRE

C. CRAWFORD

C. CRAWFORD

J. TRAVIS

C. KADYSCHUK

A. MUNRO

M. JEWUSIAK

K-K. NENDOS

S. KRISHNA

N.C. PATEL

THEATRE (SELECTED)

AGENT MADELEINE

THE CLEAN HOUSE

OFFICE HOURS

A FATAL MEETING OF LES FEMMES FATALES

KEEN

SUBURBIA

SEX, LIES & VIDEOTAPE

THE IMPORTANCE OF BEING ERNEST

LEAD

LEAD

LEAD

LEAD

LEAD

ACTOR

LEAD

LEAD

RAINY HEART PRODUCTIONS

THREE SISTERS THEATRE COMPANY

PHOENIX PLAYERS

TOTOTOO THEATRE

SUMMERWORKS

FRINGE FESTIVAL

VFS

VFS

C. MCKAY

M. ELLIS

J-A. MCCABE

J. CLEVELAND

M. TINDYEBWAL

M.P. NORTHEY

R. CHARTIER

C. MCDOWELL

COMMERCIALS

LIST AVAILABLE UPON REQUEST

TRAINING

ACTING 4 SHOWCASE | JOHN MUGGLETON & MARY ELLIS | THE ACTING COMPANY

SHAKESPEARE | MARY ELLIS | THE ACTING COMPANY

AUDITIONING | ANNE TAIT, BERNADETTE JONES, BRIAN LEVY & GINGER HOWARD FRIEDMAN

ACTING | GILLES PLOUFFE & BRENT DONNELLY

ON CAMERA WORKSHOP | KATHERINE BILLINGS, MICHAEL CHASE, BART ANDERSON & RON CHARTIER

ACTING FUNDAMENTALS | CARA MCDOWELL, DOUGLAS NEWELL, BONNIE GIBSON & DEBRA THOME

SCENE STUDY | JIME BATES, KATHERINE BILLINGS, CARA MCDOWELL & TOME SCHOLTE

SINGING | ALISA KORT

VOICE OVER | DOUGLAS NEWELL

SPEECH & VOICE | IAN RAFFEL

SPECIAL SKILLS

ATHLETICS | KARATE, CYCLING, RUNNING

DANCE | BOLLYWOOD

LANGUAGES | HINDI & PUNJABI

ACCENTS | INDIAN & BRITISH



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